

Buchanan's Café



MONDAY March 30

- Fish & Chips
- Chicken & Dumplings
- **Turkey Cucumber Ranch Wrap W/ Baked Lays**
- Green Beans
- **Blackeyed Peas**
- **Roasted Red Potatoes**
- Fried Okra
- Smoked Red Pepper Gouda
- Peach Cobbler

TUESDAY March 31

- Cajun Chicken Pasta
- **Roast Beef W/ Veggies**
- Italian Sub Combo
- Mashed Potatoes
- Broccoli Rice Casserole
- Fried Green Beans
- **Lima Beans**
- Lobster Bisque
- Cherry Cobbler

WEDNESDAY April 1

- Baked Ziti
- Salmon Croquettes w/ Dill Sauce
- **Grilled Chicken Caesar Salad**
- Green Beans
- **Fresh Asparagus**
- Mashed Potatoes
- Squash Casserole
- Potato Soup
- Blueberry Cobbler

THURSDAY April 2

- Chopped Steak w/ Peppers & Onions
- Chicken Cordon Bleu
- Bang-Bang Shrimp Tacos
- Mashed Potatoes
- **Brussel Sprouts**
- Green Beans
- **Carrots**
- Chicken Tortilla Soup
- Apple Cobbler

FRIDAY April 3

- **Baked Salmon**
- BBQ Pork
- Sloppy Joe W/ Tater Tots
- Baked Beans
- Green Beans
- Macaroni & Cheese
- **Sautéed Broccoli**
- Corn Chowder
- Blackberry Cobbler

SATURDAY April 4

- Steak Nachos

SUNDAY April 5

- Fried Pork Chops
- Mashed Potatoes
- Green Beans
- Cut Corn
- Apples

BREAKFAST: 6:30 – 10 a.m.
CLOSED: 10 – 11 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.
GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 6:30 p.m.
GRILL ONLY: 6:30 – 7:30 p.m.
Items are subject to change.

Items Served Every Day:

Items in red are healthier choices.

- Breakfast
- Hamburgers
- Cheeseburgers
- **Hot Ham & Cheese**
- **Hot Turkey Sandwich**
- Fish Sandwich
- Pimento Cheese Sandwich
- Bologna Sandwich
- **Grilled Chicken**
- **Veggie Burgers**
- Soup of the Day
- Assorted Desserts
- Cobbler of the Day
- French Fries
- Onion Rings
- Chicken Fingers
- **Yogurt Shooters**
- **Baked Potato**
- **Baked Sweet Potato**



Lighten Up For Spring!

Make half your plate fruits and vegetables. Fruits and veggies add color, flavor and texture plus vitamins, minerals and dietary fiber to your plate. Make 2 cups of fruit and 2 ½ cups of vegetables your daily goal. Look for some of our flavorful pre-assembled salads at the salad bar or in the sandwich and yogurt cooler in our café. Some of our salads have the calorie content on the label and all of them provide at least 2 servings of vegetables along with a great protein source such as grilled chicken or cheese. You can also find fresh fruit in the morning and afternoons in the café to add to your meal.

Items in red are healthier choices