

Buchanan's Café



MONDAY March 23

- Crunchy Baked Tilapia w/ Lemon Butter
- Beef Stir Fry w/ White Rice
- Grilled Chicken Bacon Wrap w/ Homemade Ranch
- Green Beans
- Stir Fry Vegetables
- Roasted Red Potatoes
- Egg Roll
- Broccoli Cheese Soup
- Peach Cobbler

TUESDAY March 24

- Southwest Pork Loin w/ Rice
- Country Fried Steak w/ Gravy
- Beef Taco Salad in Shell
- Mashed Potatoes
- Green Beans
- Escalloped Apples
- Southwest Egg Roll
- Smoked Pepper Gouda
- Cherry Cobbler

WEDNESDAY March 25

- Fried Pork Chops
- Stuffed Chicken Breast
- Chili Dogs & Tater Tots
- Green Beans
- Turnip Greens
- AuGratin Potatoes
- Black-eyed Peas
- Fried Zucchini
- Vegetable Soup
- Bread Pudding

THURSDAY March 26

- Rotisserie Chicken
- Carved Prime Rib
- Grilled Chicken Caesar Wrap Combo
- Cut Corn
- Yukon Gold Mashed Potatoes
- Fresh Asparagus
- Roasted Whole Carrots
- Potato Soup
- Apple Cobbler

FRIDAY March 27

- Chicken Parmesan
- Tuscan Salmon
- Patty Melt w/ Onion Rings
- Mashed Potatoes
- Green Beans
- Malibu Blend
- Fried Cheese Sticks
- Chicken Tortilla Soup
- Blackberry Cobbler

SATURDAY March 28

- Taco Salad

SUNDAY March 29

- Sliced Ham
- Green Beans
- Sweet Potato Casserole
- Macaroni & Cheese

BREAKFAST: 6:30 – 10 a.m.
CLOSED: 10 – 11 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.
GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 6:30 p.m.
GRILL ONLY: 6:30 – 7:30 p.m.
Items are subject to change.

Items Served Every Day:

Items in red are healthier choices.

- Breakfast
- Hamburgers
- Cheeseburgers
- Hot Ham & Cheese
- Hot Turkey Sandwich
- Fish Sandwich
- Pimento Cheese Sandwich
- Bologna Sandwich
- Grilled Chicken
- Veggie Burgers
- Soup of the Day
- Assorted Desserts
- Cobbler of the Day
- French Fries
- Onion Rings
- Chicken Fingers
- Yogurt Shooters
- Baked Potato
- Baked Sweet Potato



Lighten Up For Spring!

Make half your plate fruits and vegetables. Fruits and veggies add color, flavor and texture plus vitamins, minerals and dietary fiber to your plate. Make 2 cups of fruit and 2 ½ cups of vegetables your daily goal. Look for some of our flavorful pre-assembled salads at the salad bar or in the sandwich and yogurt cooler in our café. Some of our salads have the calorie content on the label and all of them provide at least 2 servings of vegetables along with a great protein source such as grilled chicken or cheese. You can also find fresh fruit in the morning and afternoons in the café to add to your meal.

Items in red are healthier choices