

Buchanan's Café



MONDAY March 2

- Fish & Chips
- Chicken & Dumplings
- Turkey Cucumber Ranch Wrap w/ Baked Lays
- Green Beans
- Blackeye Peas
- Roasted Red Potatoes
- Fried Okra
- Smoked Red Pepper Gouda
- Peach Cobbler

TUESDAY March 3

- Cajun Chicken Pasta
- Roast Beef w/ Veggies
- Bang Bang Shrimp Tacos
- Mashed Potatoes
- Broccoli Rice Casserole
- Fried Green Beans
- Lima Beans
- Lobster Bisque
- Cherry Cobbler

WEDNESDAY March 4

- Baked Ziti
- Salmon Croquettes w/ Dill Sauce
- Grilled Chicken Caesar Salad
- Green Beans
- Fresh Asparagus
- Mashed Potatoes
- Squash Casserole
- Potato Soup
- Apple Cobbler

THURSDAY March 5

- Chopped Steak w/ Peppers & Onions
- Mashed Potatoes
- Brussels Sprouts
- Green Beans
- Carrots

FRIDAY March 6

- BBQ Pork
- Baked Salmon
- Sloppy Joes w/ Tater Tots
- Green Beans
- Baked Beans
- Macaroni & Cheese
- Sautéed Broccoli
- Corn Chowder
- Blackberry Cobbler

SATURDAY March 7

- Steak Nachos

SUNDAY March 8

- Fried Pork Chops
- Mashed Potatoes
- Green Beans
- Cut Corn
- Apples

BREAKFAST: 6:30 – 10 a.m.
CLOSED: 10 – 11 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.
GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 6:30 p.m.
GRILL ONLY: 6:30 – 7:30 p.m.
Items are subject to change.

Items Served Every Day:

Items in red are healthier choices.

- Breakfast
- Hamburgers
- Cheeseburgers
- Hot Ham & Cheese
- Hot Turkey Sandwich
- Fish Sandwich
- Pimento Cheese Sandwich
- Bologna Sandwich
- Grilled Chicken
- Veggie Burgers
- Soup of the Day
- Assorted Desserts
- Cobbler of the Day
- French Fries
- Onion Rings
- Chicken Fingers
- Yogurt Shooters
- Baked Potato
- Baked Sweet Potato



Lighten Up For Spring!

Make half your plate fruits and vegetables. Fruits and veggies add color, flavor and texture plus vitamins, minerals and dietary fiber to your plate. Make 2 cups of fruit and 2 ½ cups of vegetables your daily goal. Look for some of our flavorful pre-assembled salads at the salad bar or in the sandwich and yogurt cooler in our café. Some of our salads have the calorie content on the label and all of them provide at least 2 servings of vegetables along with a great protein source such as grilled chicken or cheese. You can also find fresh fruit in the morning and afternoons in the café to add to your meal.

Items in red are healthier choices