

BUCHANAN'S CAFÉ



Items in red are healthier choices

MONDAY December 22

- Meatloaf w/ Red Sauce
- **Italian Chicken Breast**
- Green Beans
- **Bermuda Blend**
- Mashed Potatoes
- Risotto Rice
- White Chicken Chili
- Pecan Cobbler

TUESDAY December 23

- Fried Shrimp w/ Hushpuppies
- Liver & Onions
- Mashed Potatoes
- Green Beans
- Fried Mushrooms
- **Sicilian Blend**
- Vegetable Soup
- Blackberry Cobbler

WEDNESDAY December 24

- Roast Beef w/ Vegetables
- Orange Chicken w/ Fried Rice
- Dressing
- Green Beans
- Cut Corn
- Sweet Potato Casserole
- Smoked Red Pepper Gouda
- Apple Cobbler

THURSDAY December 25

MERRY CHRISTMAS!

- Sliced Turkey
- Sliced Ham
- Green Beans
- Cut Corn
- Sweet Potato Casserole
- Dressing
- Peach Cobbler



FRIDAY December 26

- **Mojito Lime Chicken Breast**
- Fried Catfish w Hushpuppies
- Yellow Rice
- Black Beans
- Green Beans
- Jalapeno Poppers
- Potato Soup
- Cherry Cobbler

SATURDAY December 27

- BBQ Sandwich Combo

SUNDAY December 28

- Fried Chicken
- Green Beans
- Mashed Potatoes
- Cut Corn
- Cobbler

BREAKFAST: 6:30 – 10 a.m.
CLOSED: 10 – 11 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.
GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 6:30 p.m.
GRILL ONLY: 6:30 – 7:30 p.m.
Items are subject to change.

Served Every Day:

Items in red are healthier choices.

Breakfast	Veggie Burgers
Hamburgers	Soup of the Day
Cheeseburgers	Assorted Desserts
Hot Ham & Cheese	Cobbler of the Day
Hot Turkey Sandwich	French Fries
Fish Sandwich	Onion Rings
Pimento Cheese Sandwich	Chicken Fingers
Bologna Sandwich	Yogurt Shooters
Grilled Chicken	Baked Potato
	Baked Sweet Potato



Build A Healthy Holiday Plate!

- ✓ Grilled chicken breast w/baked sweet potato and side salad
- ✓ Grilled chicken sandwich on wheat bread w/side salad
- ✓ Turkey or tuna sandwich on wheat bread w/fresh fruit
- ✓ Avoid sweetened beverages, gravies, and sauces

