

BUCHANAN'S CAFÉ



Items in red are healthier choices

MONDAY June 23

- Fish & Chips
- Chicken & Dumplings
- Turkey Cucumber Ranch w/ Baked Lays
- Green Beans
- Blackeye Peas
- Roasted Red Potatoes
- Fried Okra
- Smoked Red Pepper Gouda
- Peach Cobbler

TUESDAY June 24

- Cajun Chicken Pasta
- Roast Beef W/ Veggies
- Street Tacos (Beef or Chicken) Tacos
- Mashed Potatoes
- Broccoli Rice Casserole
- Fried Green Beans
- Lima Beans
- Lobster Bisque
- Cherry Cobbler

WEDNESDAY June 25

- Salmon Croquettes w/ Dill Sauce
- Baked Ziti
- Grilled Chicken Caesar Salad
- Green Beans
- Fresh Asparagus
- Mashed Potatoes
- Squash Casserole
- Potato Soup
- Pecan Cobbler

THURSDAY June 26

- Chopped Steak w/ Peppers & Onions
- Chicken Cordon Bleu
- Bang Bang Shrimp Tacos
- Mashed Potatoes
- Brussel Sprouts
- Green Beans
- Carrots
- Chicken Tortilla Soup
- Apple Cobbler

FRIDAY June 27

- Baked Salmon
- BBQ Pork
- Sloppy Joes w/ Tater Tots
- Baked Beans
- Sautéed Broccoli
- Macaroni & Cheese
- Green Beans
- Corn Chowder
- Blackberry Cobbler

SATURDAY June 28

- Steak Nachos

SUNDAY June 29

- Fried Pork Chops
- Mashed Potatoes
- Green Beans
- Cut Corn
- Apples

BREAKFAST: 6:30 – 10 a.m.

LUNCH: 11 a.m. – 2 p.m.

CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 – 7:30 p.m.

Items are subject to change.

Served Every Day:

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Breakfast	Veggie Burgers
Hamburgers	Soup of the Day
Cheeseburgers	Assorted Desserts
Hot Ham & Cheese	Cobbler of the Day
Hot Turkey Sandwich	French Fries
Fish Sandwich	Onion Rings
Pimento Cheese Sandwich	Chicken Fingers
Bologna Sandwich	Yogurt Shooters
Grilled Chicken	Baked Potato
	Baked Sweet Potato



June is Dairy Month!

Dairy products add so much healthy nutrition to our diet. Dairy foods/beverages provide calcium, Vitamin D, potassium, protein and other nutrients needed for good health throughout our life! Make sure, though, that you are selecting a low-fat or fat-free product to cut calories and saturated fat. Milk, yogurt, cheese and fortified soy milk are considered dairy foods. The USDA Choose My Plate recommendations state that adults should consume 3 servings of dairy products per day.

