

BUCHANAN'S CAFÉ



Items in red are healthier choices

MONDAY May 19

- **Crunchy Baked Tilapia w/ Lemon Butter**
- Beef Stir Fry w/ White Rice
- Grilled Chicken Bacon Wrap w/ Homemade Ranch
- Green Beans
- **Bermuda Blend**
- Roasted Red Potatoes
- Egg Roll
- Broccoli Cheese Soup
- Peach Cobbler

TUESDAY May 20

- **Southwest Pork Loin w/ Rice**
- Country Fried Steak w/ White Gravy
- Beef Taco Salad in Shell
- Mashed Potatoes
- Green Beans
- Southwest Egg Roll
- Escalloped Apples
- Smoked Pepper Gouda
- Cherry Cobbler

WEDNESDAY May 21

- Pork Chop
- Stuffed Chicken Breast
- Fish Sandwich Combo
- Green Beans
- Turnip Greens
- Blackeye Peas
- Au Gratin Potatoes
- Vegetable Soup
- Pecan Cobbler

THURSDAY May 22

- Carved Prime Rib
- Carved Pit Ham
- **Grilled Chicken Caesar Wrap**
- Yukon Gold Mashed Potatoes
- **Fresh Asparagus**
- Cut Corn
- **Roasted Whole Carrots**
- Potato Soup
- Apple Cobbler

FRIDAY May 23

- Chicken Parmesan
- Tuscan Salmon
- Patty Melt w/ Onion Rings
- Mashed Potatoes
- Green Beans
- **Malibu Blend**
- Fried Cheese Sticks
- Italian Wedding Soup
- Blackberry Cobbler

SATURDAY May 24

- Taco Salad

SUNDAY May 25

- Sliced Ham
- Green Beans
- Sweet Potato Casserole
- Macaroni & Cheese

BREAKFAST: 6:30 – 10 a.m.

LUNCH: 11 a.m. – 2 p.m.

CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 – 7:30 p.m.

Items are subject to change.

Served Every Day:

Items in red are healthier choices.

Breakfast	Veggie Burgers
Hamburgers	Soup of the Day
Cheeseburgers	Assorted Desserts
Hot Ham & Cheese	Cobbler of the Day
Hot Turkey Sandwich	French Fries
Fish Sandwich	Onion Rings
Pimento Cheese Sandwich	Chicken Fingers
Bologna Sandwich	Yogurt Shooters
Grilled Chicken	Baked Potato
	Baked Sweet Potato



May is National Strawberry Month!

Strawberries are packed with nutrients! They're a great source of fiber and antioxidants; providing over 150% of the daily value of Vitamin C. One whole cup of this sweet berry provides just 50 calories, making it a great topping for salads and yogurt. You will find strawberries topping our preassembled spinach salad. Add a "lite" dressing for a very satisfying entrée salad. You can get a grilled chicken breast from our grill to add a little extra protein!

