

BUCHANAN'S CAFÉ



Items in red are healthier choices

MONDAY February 3

- Fish & Chips
- Beef Stir Fry w/ White Rice
- **Turkey Cucumber Ranch Wrap w/ Baked Lays**
- Green Beans
- Blackeye Peas
- Roasted Red Potatoes
- Cheese Curds
- **Malibu Blend**
- Smoked Red Pepper Gouda
- Peach Cobbler

TUESDAY February 4

- Cajun Chicken Pasta
- **Roast Beef W/ Veggies**
- Street Tacos (Beef or Chicken)
- Mashed Potatoes
- Broccoli Rice Casserole
- **Sicilian Blend**
- Fried Green Beans
- Lima Beans
- Lobster Bisque
- Cherry Cobbler

WEDNESDAY February 5

- Baked Ziti
- Salmon Croquettes w/ Dill Sauce
- **Grilled Chicken Caesars Salad**
- Green Beans
- **Fresh Asparagus**
- Mashed Potatoes
- Squash Casserole
- Fried Okra
- Potato Soup
- Bread Pudding

THURSDAY February 6

- Chopped Steak w/ Peppers & Onions
- Chicken Tetrazzini
- Bang Bang Shrimp Tacos
- Mashed Potatoes
- Brussel Sprouts
- Green Beans
- **Carrots**
- Scalloped Tomatoes
- Vegetable Soup
- Apple Cobbler

FRIDAY February 7

Super Bowl Menu!

- Philly Sliders
- Buffalo Chicken Sliders
- Smoked Chicken Wings
- Fried Pickle Chips
- Green Beans
- BBQ Baked Beans
- Kansas City Cheesy Corn
- Smashed Potatoes
- Corn Chowder
- Funnel Cake Fries

SATURDAY February 8

- Steak Nachos

SUNDAY February 9

- Fried Pork Chops
- Mashed Potatoes
- Green Beans
- Cut Corn
- Apples

BREAKFAST: 6:30 – 10 a.m.

LUNCH: 11 a.m. – 2 p.m.

CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 – 7:30 p.m.

Items are subject to change.

Served Every Day:

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Breakfast	Veggie Burgers
Hamburgers	Soup of the Day
Cheeseburgers	Assorted Desserts
Hot Ham & Cheese	Cobbler of the Day
Hot Turkey Sandwich	French Fries
Fish Sandwich	Onion Rings
Pimento Cheese Sandwich	Chicken Fingers
Bologna Sandwich	Yogurt Shooters
Grilled Chicken	Baked Potato
	Baked Sweet Potato



February is Heart Health Month!

Be mindful of eating more heart healthy foods by consuming fresh fruits and vegetables, lean proteins, whole grains, and fat-free dairy. This Valentine's Day, try a 70-85% cacao dark chocolate treat. This provides several antioxidants and has less sugar.

