# BUCHANAN'S CAFÉ



#### Items in red are healthier choices

#### MONDAY

## December 9

- Fish & Chips
- Beef Tips over White Rice
- Smoked Red Pepper Gouda
- Turkey Cucumber Ranch Wrap W/ Baked Lays
- Green Beans
- Blackeye Peas
- Roasted Red Potatoes
- Cheese Curds
- Malibu Blend
- Peach Cobbler

## **TUESDAY**

## December 10

- · Cajun Chicken Pasta
- Roast Beef W/ Veggies
- Street Tacos (Chicken or Beef)
- Lobster Bisque
- Mashed Potatoes
- · Broccoli Rice Casserole
- Sicilian Blend
- Fried Green Tomatoes
- Lima Beans
- Cherry Cobbler

#### **WEDNESDAY**

## **December 11**

- Baked Ziti
- Salmon Croquettes w/ Dill Sauce
- · Grilled Chicken Caesar Salad
- Fresh Asparagus
- Green Beans
- Mashed Potatoes
- · Squash Casserole
- Fried Okra
- · Bread Pudding

## **THURSDAY**

## December 12

- Chopped Steak w/ Peppers & Onions
- · Chicken Cordon Bleu
- Bang Bang Shrimp Tacos
- Vegetable Soup
- Mashed Potatoes
- · Brussel Sprouts
- Green Beans
- Carrots
- Scalloped Tomatoes
- Apple Cobbler

## **FRIDAY**

## **December 13**

- BBQ Pork
- Fried Catfish w/ Hushpuppies
- Sloppy Joes w/ Tater Tots
- Corn Chowder
- · Green Beans
- · Corn on Cob
- Baked Beans
- · Macaroni & Cheese
- · Sautéed Broccoli
- Blackberry Cobbler

## SATURDAY

# **December 14**

Steak Nachos

#### SUNDAY

# **December 15**

- · Fried Pork Chops
- Mashed Potatoes
- Green Beans
- Cut Corn
- Apples









BREAKFAST: 6:30 - 10 a.m.

LUNCH: 11 a.m. - 2 p.m.

CLOSED: 2 - 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 - 7:30 p.m.

Items are subject to change.

#### **Served Every Day:**

Items in red are healthier choices.

Breakfast Hamburgers Cheeseburgers

Hot Ham & Cheese Hot Turkey

Sandwich
Fish Sandwich
Pimento Cheese
Sandwich

Bologna Sandwich Grilled Chicken Veggie Burgers

Soup of the Day Assorted Desserts

Cobbler of the

French Fries

Onion Rings Chicken Fingers

Yogurt Shooters Baked Potato

Baked Sweet Potato



## Build a Healthy Holiday Plate!

- Grilled Chicken Breast w/baked sweet potato and side salad
- Grilled Chicken Sandwich on wheat bread w/side salad
- Turkey or Tuna Sandwich on wheat bread w/fresh fruit
- Load your plate with non-starchy vegetables. Pull out a veggie tray and have some raw veggies and Lite Ranch or hummus with your sandwich or as a snack!
- Get salad dressings, gravies, and sauces on the side