

BUCHANAN'S CAFÉ



Items in red are healthier choices

MONDAY

May 13

- Meatloaf w/ Red Sauce
- **Pan Seared Italian Chicken**
- Green Beans
- Risotto Rice
- **Bermuda Blend**
- Mashed Potatoes
- White Chicken Chili
- Blackberry Cobbler

TUESDAY

May 14

- Fried Shrimp w/ Hushpuppies
- Liver & Onions
- Turkey Avocado Wrap Combo
- Spinach
- Mashed Potatoes
- Green Beans
- Fried Mushrooms
- **Sicilian Blend**
- Vegetable Soup
- Bread Pudding

WEDNESDAY

May 15

- Roast Beef w/ Vegetables
- Orange Chicken w/ Fried Rice
- BLT w/ Fried Green Tomato Combo
- & Homemade Chips
- Egg Rolls
- Cut Corn
- **Stir Fried Vegetables**
- Green Beans
- Turnip Greens
- Smoked Red Pepper Gouda
- Apple Cobbler

THURSDAY

May 16

- BBQ Ribs
- Crab Cakes W/ Remoulade
- Fajita Bar
- Au gratin Potatoes
- Baked Beans
- Macaroni & Cheese
- **Normandy Blend**
- Whole Green Beans
- Broccoli Cheese Soup
- Peach Cobbler

FRIDAY

May 17

- **Mojito Lime Chicken Breast**
- Fried Catfish
- Smashed Burger Bar Combo
- Yellow Rice
- Jalapeno Poppers
- Black Beans
- Green Beans
- **Sautéed Broccoli**
- Potato Soup
- Cherry Cobbler

SATURDAY

May 18

- BBQ Pork Sandwich Combo

SUNDAY

May 19

- Fried Chicken
- Green Beans
- Mashed Potatoes
- Cut Corn
- Cobbler

BREAKFAST: 6:30 – 10 a.m.

LUNCH: 11 a.m. – 2 p.m.

CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 – 7:30 p.m.

Items are subject to change.

Served Every Day:

Items in red are healthier choices.

Breakfast	Veggie Burgers
Hamburgers	Soup of the Day
Cheeseburgers	Assorted Desserts
Hot Ham & Cheese	Cobbler of the Day
Hot Turkey Sandwich	French Fries
Fish Sandwich	Onion Rings
Pimento Cheese Sandwich	Chicken Fingers
Bologna Sandwich	Yogurt Shooters
Grilled Chicken	Baked Potato
	Baked Sweet Potato



May is National Strawberry Month!

Strawberries are packed with nutrients! They're a great source of fiber and antioxidants; providing over 150% of the daily value of Vitamin C. One whole cup of this sweet berry provides just 50 calories, making it a great topping for salads and yogurt. You will find strawberries topping our preassembled spinach salad. Add a "lite" dressing for a very satisfying entrée salad. You can get a grilled chicken breast from our grill if you would like to add a little extra protein!

