

BUCHANAN'S CAFÉ



Items in red are healthier choices

MONDAY

February 12

- **Vegetable Lasagna**
- Fried Chicken
- Chili Cheese Dog w/ Tater Tots
- Tomato Florentine Soup
- Wings & Things
- Green Beans
- **California Blend**
- Fried Cabbage
- Macaroni & Cheese
- Mashed Potatoes
- Bread Pudding

TUESDAY

February 13

- Jambalya
- Shrimp & Grits
- Po Boys
- Gumbo
- Red Beans & Rice
- Green Beans
- Louisiana Potatoes
- Fried Okra
- Corn Maque Choux
- King Cake

WEDNESDAY

February 14

- Tuscan Salmon
- Grilled Ribeye Steak
- Smoked Gouda Soup
- Baked Potato
- Macaroni & Cheese
- **Normandy Blend**
- Fresh Green Beans
- Fried Green Tomatoes
- Cherry Cobbler

THURSDAY

February 15

- Chicken Pot Pie
- Kielbasa & Kraut
- Chicken Chimichanga
- Potato Soup
- Green Beans
- Mashed Potatoes
- Corn Nuggets
- **Bermuda Blend**
- White Beans
- Apple Cobbler

FRIDAY

February 16

- Smothered Pork Chops
- Beef Brisket
- Fish Sandwich Combo
- **Vegetable Soup**
- Green Beans
- Mashed Potatoes
- **Baby Carrots**
- Wild Rice
- Fried Mushrooms
- Blackberry Cobbler

SATURDAY

February 17

- Fried Chicken Sandwich Combo

SUNDAY

February 18

- Sliced Turkey
- Sweet Potato Casserole
- Green Beans
- Cut Corn
- Cobbler

BREAKFAST: 6:30 – 10 a.m.

LUNCH: 11 a.m. – 2 p.m.

CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 – 7:30 p.m.

Items are subject to change.

Served Every Day:

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Breakfast	Veggie Burgers
Hamburgers	Soup of the Day
Cheeseburgers	Assorted Desserts
Hot Ham & Cheese	Cobbler of the Day
Hot Turkey Sandwich	French Fries
Fish Sandwich	Onion Rings
Pimento Cheese Sandwich	Chicken Fingers
Bologna Sandwich	Yogurt Shooters
Grilled Chicken	Baked Potato
	Baked Sweet Potato



February is American Heart Month

Be mindful of eating more heart healthy foods by consuming fresh fruits and vegetables, lean proteins, whole grains, and fat-free dairy. This Valentine's Day, try a 70-85% cacao dark chocolate treat. This provides several antioxidants and has less sugar.

