



WILLIAMSON
HEALTH

Women's Group of Franklin

Clomid Instructions

Note: The **first** day of menstrual bleeding is **day 1**.

- Take Clomid as directed on **days 3 through 7**.
- Your most fertile time is day 12. To ensure for the fluctuation in cycles, it is best to have intercourse every other day (or more often) **days 8 through 16**.
- Schedule to **come into office on day 21** for a Progesterone Level.
- **If you haven't started your period by day 30**, check a pregnancy test at home or come to the office for one.
- **If your pregnancy test is negative on day 30**, or if you start your period, call the office on the next business day for instructions.