

Buchanan's Café



MONDAY June 29

- Sliced Turkey
- Sliced Ham
- Bacon Cheeseburger Combo
- Sweet Potato Casserole
- Dressing
- Green Beans
- Bermuda Blend
- Tomato Florentine Soup
- Bread Pudding

TUESDAY June 30

- Smokehouse Maple Salmon
- Spaghetti w/ Meatsauce
- Wings & Things
- Green Beans
- Roasted Red Potatoes
- Corn
- Fried Cheese Sticks
- Gumbo
- Peach Cobbler

WEDNESDAY July 1

- Fried Chicken
- Roasted Pork Loin
- Reuben Combo
- Macaroni & Cheese
- Pinto Beans
- Fried Cabbage
- Mashed Potatoes
- Green Beans
- Chili
- Apple Cobbler

THURSDAY July 2

- Chicken Pot Pie
- Kielbasa & Kraut
- Popcorn Shrimp Basket
- Green Beans
- Mashed Potatoes
- Corn Nuggets
- White Beans
- Potato Soup
- Cherry Cobbler

FRIDAY July 3

- Beef Brisket
- Smothered Pork Chops
- Green Beans
- Fried Mushrooms
- Glazed Baby Carrots
- Wild Rice
- Vegetable Soup
- Blackberry Cobbler

SATURDAY July 4

INDEPENDENCE DAY!

- BBQ Pork Sandwich Combo

SUNDAY July 5

- Sliced Turkey w/ Gravy
- Sweet Potato Casserole
- Dressing
- Green Beans
- Cut Corn
- Roll
- Cobbler

BREAKFAST: 6:30 – 10 a.m.

CLOSED: 10 – 11 a.m.

LUNCH: 11 a.m. – 2 p.m.

CLOSED: 2 – 3 p.m.

GRILL ONLY: 3 – 4 p.m.

DINNER: 4 – 6:30 p.m.

GRILL ONLY: 6:30 – 7:30 p.m.

Items are subject to change.

Items Served Every Day:

Items in red are healthier choices.

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| • Breakfast | • Veggie Burgers |
| • Hamburgers | • Soup of the Day |
| • Cheeseburgers | • Assorted Desserts |
| • Hot Ham & Cheese | • Cobbler of the Day |
| • Hot Turkey Sandwich | • French Fries |
| • Fish Sandwich | • Onion Rings |
| • Pimento Cheese Sandwich | • Chicken Fingers |
| • Bologna Sandwich | • Yogurt Shooters |
| • Grilled Chicken | • Baked Potato |
| | • Baked Sweet Potato |



JULY IS BLUEBERRY MONTH!

Blueberries are just 80 calories per cup and loaded with antioxidants. Blueberries are low in fat and high in fiber; a high fiber diet helps lower the amount of cholesterol in blood and lowers the risk of heart disease. Try a blueberry parfait: vanilla yogurt topped with blueberries from the salad bar and sprinkled with granola or chopped nuts.

Items in red are healthier choices