

Buchanan's Café



MONDAY June 15

- Crunchy Baked Tilapia w/ Lemon Butter
- Beef Stir Fry with White Rice
- Grilled Chicken Bacon Wrap w/ Homemade Ranch
- Green Beans
- Stir Fry Vegetables
- Roasted Red Potatoes
- Egg Roll
- Broccoli Cheese Soup
- Peach Cobbler

TUESDAY June 16

- Southwest Pork Loin w/ Rice
- Country Fried Steak w/ Gravy
- Chili Dogs w/ Tater Tots
- Green Beans
- Mashed Potatoes
- Escalloped Apples
- Southwest Egg Roll
- Smoked Pepper Gouda
- Cherry Cobbler

WEDNESDAY June 17

- Fried Pork Chops
- Stuffed Chicken Breast
- Beef Taco Salad in Shell
- Green Beans
- Turnip Greens
- AuGratin Potatoes
- Blackeyed Peas
- Fried Zucchini
- Vegetable Soup
- Bread Pudding

THURSDAY June 18

- Carved Prime Rib
- Rotisserie Chicken
- Grilled Chicken Caesar Wrap Combo
- Yukon Gold Mashed Potatoes
- Roasted Whole Carrots
- Cut Corn
- Fresh Asparagus
- Potato Soup
- Apple Cobbler

FRIDAY June 19

- Chicken Parmesan
- Tuscan Salmon
- Patty Melt w/ Onion Rings
- Mashed Potatoes
- Green Beans
- Malibu Blend
- Fried Cheese Sticks
- Chicken Tortilla Soup
- Blackberry Cobbler

SATURDAY June 20

- Taco Salad

SUNDAY June 21

- Sliced Ham
- Green Beans
- Sweet Potato Casserole
- Macaroni & Cheese

BREAKFAST: 6:30 – 10 a.m.
CLOSED: 10 – 11 a.m.
LUNCH: 11 a.m. – 2 p.m.
CLOSED: 2 – 3 p.m.
GRILL ONLY: 3 – 4 p.m.
DINNER: 4 – 6:30 p.m.
GRILL ONLY: 6:30 – 7:30 p.m.
Items are subject to change.

Items Served Every Day:

Items in red are healthier choices.

- Breakfast
- Hamburgers
- Cheeseburgers
- Hot Ham & Cheese
- Hot Turkey Sandwich
- Fish Sandwich
- Pimento Cheese Sandwich
- Bologna Sandwich
- Grilled Chicken
- Veggie Burgers
- Soup of the Day
- Assorted Desserts
- Cobbler of the Day
- French Fries
- Onion Rings
- Chicken Fingers
- Yogurt Shooters
- Baked Potato
- Baked Sweet Potato



June is Dairy Month!

Dairy products add so much healthy nutrition to our diet. Dairy foods/ beverages provide calcium, Vitamin D, potassium, protein and other nutrients needed for good health throughout our life! Make sure, though, that you are selecting a low-fat or fat-free product to cut calories and saturated fat. Milk, yogurt, cheese and fortified soy milk are considered dairy foods. The USDA Choose My Plate recommendations state that adults should consume 3 servings of dairy products per day!

Items in red are healthier choices