

## OB/NICU Frequently Asked Questions

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### Where do I go when I arrive at the hospital?

- If you have a scheduled cytotec induction arrive at the Adult ER at 8:30 p.m.
- If you are scheduled for a morning induction, please arrive at the OB registration at the time your physician indicated.
- If you are a scheduled cesarean section, please arrive at the OB registration at the time your physician indicated. Please see the map on your paperwork for your entrance location.
- If you think you are in labor or have been instructed to come to the hospital by physician to be observed by our staff, you will need to go to the Adult ER entrance.

### What is provided to help assist me during the labor process?

We offer a variety of tools to help you in the labor process. We have private rooms, peanut and birthing balls, squat bar, wireless monitoring and personalized care to support your birth plan. We also have our own anesthesia team that offer services for epidural or spinal placement.

### What happens after delivery?

We encourage you and your baby to have at least one hour of skin-to-skin contact. Within an hour, if you decide to breastfeed, lactation will assist you and your baby with breastfeeding.

### Will I stay in the same room after my delivery?

Around 2 hours after you deliver, you and your baby will be transferred to our Postpartum Unit where you will have personalized care by a mother/baby nurse.

### Do you have a NICU?

If your infant needs a little extra care, we have a Level II NICU with specialized staff that is conveniently located a few steps away from our Postpartum Unit.

### Do you have a nursery?

We have a well-baby nursery where you can send your infant if you and your partner are in need of some quiet time.

### Will someone be available to help me with breastfeeding?

We offer lactation services and education to assist you with your breastfeeding goals. Between our lactation consultants,

experienced nursing staff, and our vast library of educational videos on your television, you will have resources available to you at all times.

### Are tours available prior to my delivery?

We offer tours of our unit every Sunday at 2 p.m., starting on July 2, 2023. Tours begin in the lobby of the West Tower. No appointment needed.

### How many visitors are allowed in my room?

As babies come at all hours of the day or night, visitors are allowed any time the patient desires. Infant security is of the upmost importance to us, therefore, our unit is **locked and restricted at all times**. Visitors will need to check in with the unit secretary upon arrival. We do not limit visitation hours, however, if guests arrive after hours, visitors will need to access the hospital through the Adult ER entrance.

For delivery in our birthing suites, the number of visitors is currently not limited, but may be based on individual circumstances. If you deliver by cesarean section, you may have one support person present in the operating room.

### Do you offer educational classes?

We are excited to offer Childbirth Education classes online (anytime) or in person every third weekend of every month.

Breastfeeding Education is offered online (anytime) or in person on the second Saturday of every month.

### Will my pediatrician care for my baby after delivery?

Every infant is seen by a pediatrician each day of their stay. If you have decided on a pediatrician prior to delivery and they round at Williamson Medical Center, your baby will be seen by them or someone from their practice.

If your pediatrician does not round or have privileges at Williamson Medical Center, we offer pediatric hospitalists who will care for your baby during their stay. At discharge, you will be given information to give to the pediatrician of your choosing.

### Are pictures allowed during labor and birth?

Still photography is allowed during labor and birth. We also offer photography services following delivery through Bella Baby Photography.